



HANDS OFF!

SAFETY PLANNING FOR ATTENDEES

Use this worksheet to create a safety plan for the upcoming demonstration. Plan ahead so you're prepared!

BEFORE THE DEMONSTRATION

Who are you going with/who's your safety buddy? List name & contact info:

1. Name: _____ Phone: _____
2. Name: _____ Phone: _____
3. Name: _____ Phone: _____

Who's your emergency contact? In case you need to get ahold of someone not at the event for help.

1. Name: _____ Phone: _____
2. Nearest hospital/medical facility: _____

What's the location & meeting points? Share meeting points with others you're attending with in case you're split up during the demonstration.

1. Event location: _____
2. Emergency meeting points: _____

How to contact/identify a trusted Organizer/Event Host/Safety Lead. Confirm this with your event hosts.

1. _____

If I am separated from my group, I will ...
